

# GOVERNMENT OF THE REPUBLIC OF VANUATU GOUVERNEMENT DE LA REPUBLIQUE DE VANUATU

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# Coronavirus Disease 2019 (COVID-19) - Social Distancing

### What is social distancing?

Social distancing is a term applied to public health practice to halt or slow down the spread of a highly contagious diseases such as COVID-19 by minimizing contact between one individual(s) to others.

#### Why social distancing is important?

Social distancing is important because COVID-19 is most likely to spread from person-to-person through direct close contact with an infected person who coughs or sneezes, or touches objects or surfaces contaminated with a confirmed infection and then touching your mouth, nose or eyes. So, the more space between you and others, the harder it is for the virus to spread.

## Who should practice social distancing?

Everyone should practice social distancing measures in their daily lives to protect themselves and their families and co-workers from COVID-19.





**Maintain Distance** 



**Avoid Mass Gathering**